

# Are you?

Experiencing changes in your hearing?

Struggling to keep up with conversations?

Looking for hearing loss advice?

Supporting a family member?

## Our FREE support groups can help!

LinkUp support groups will guide you and your family through the next important steps in your hearing loss journey.

Led by our peer support volunteers, these unique groups offer tips and tactics for managing every day hearing challenges, information about technology, and the chance to meet others in similar situations.

Don't miss out on your FREE place for our 2024-25 groups.

To register, **scan the QR code** or visit [hearinglink.org/linkups](https://hearinglink.org/linkups)



Hearing Link Services is part of  
Hearing Dogs for Deaf People.

Registered charity in England and Wales (no:  
293358) and in Scotland (no: SC040486). Royal  
Patron HRH The Princess Royal.